Diamonds and Bows with Leanne Wong - KS

LR Productions @ Overland Park

January 17, 2026 - January 18, 2026

Session 1. Level 3 and Bronze

Saturday, Jan 17, 2026

85 gymnasts

Format: Modified Capitol Cup Open Stretch Begins: 12:00 PM

March In: 12:20 PM Awards: 2:55 PM

Session 2. Silvers

62 gymnasts

Format: Modified Capitol Cup Open Stretch Begins: 3:15 PM

March In: 3:35 PM Awards: 5:35 PM

Session 3. Golds

74 gymnasts

Format: Modified Capitol Cup Open Stretch Begins: 5:55 PM

March In: 6:15 PM Awards: 8:40 PM

Session 4. Level 4 and 5

Sunday, Jan 18, 2026

71 gymnasts

Format: Modified Capitol Cup Open Stretch Begins: 8:30 AM

March In: 8:50 AM Awards: 11:45 AM

Session 5. Level 6 and Platinum

68 gymnasts

Format: Modified Capitol Cup Open Stretch Begins: 12:05 PM

March In: 12:25 PM Awards: 3:05 PM

Session 6. Level 7-10, Diamond, Sapphire

59 gymnasts

Format: Modified Capitol Cup Open Stretch Begins: 3:25 PM

March In: 3:45 PM Awards: 6:35 PM

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